Haf/ Summer 2021

Week/ wythnos		Dydd Llun/ Monday	Dydd Mawrth/ Tuesday	Dydd Mercher/ Wednesday	Dydd Iau/ Thursday	Dydd Gwener/ Friday
1	Brecwast/ Breakfast	Llaeth/ Sudd/ Tost/ grawnfwydydd brecwast (amryw) • Milk/ Juice/ Toast/ Breakfast Cereals (various)				
	Byrbryd bore/ Morning Snack	Bisgien a afal / Richtea biscuit and apple	Dips, ffynbara a ciwcymbr Bread stick cucumber and dip	Popcorn, oren a mefus /Popcorn, orange and strawberry	Grawnfwyd sych, banana a mango/Dry cereal, banana and mango	Myffin sawrus a ffrwythau cymysg/ Savoury muffin and mixed fruit
	Cinio/ Lunch	Pasta pobi tomato a chaws gyda llysiau cymysg a bara garlleg/Tomato and cheese pasta bake,with mixed veg and garlic bread	Byrgyr cyw iâr, wynebau tatws/ Chicken burger, potato faces and sweetcorn	Cinio cig eidion, phwdin yorkshire, tatws newydd+ llysiau cymysg /Beef dinner, yorkshire pudding,new potatoes+mixed vegetables	Wy sgrambl,tatws hash, selsig a ffa pob/ Scrambled egg, hash browns, sausage and beans	Bysedd pysgod, sglodion cartref a phys / Fish fingers, home-made chips and peas
	Pwdin/Desserts	Choc ice/ Rhew siocled	Teisen Jam a chwstard/Jam Sponge and custard	Bisged cartref a ffrwyth/Home made biscuit and fruit	Treiffl/ Triffle	Fflapjacs / Flapjacks
	Byrbryd Prynhawn/ Afternoon Break	Sgon, llus a mafon / Scone, blueberries and raspberries	Iogwrt, banana a peren/ Yogurt, banana and pears	Bara Pitta chaws meddal a cucumer/ Pitta bread with soft cheese and cucumber	Crempog a mefus / Pancake and strawberries	Torth ffrwythau a ffrwythau cymysg /Fruit loaf and mixed fruit
	Te/ Tea	Wrap torilla, cig cyw iar a salad/ Tortilla wrap, chicken and salad	Pasta Pobi Tiwna / Tuna Pasta bake	Crympet a melon / Crumpet and melon slices	Brechdanau ham / Ham Sandwiches	Crackers, caws a jam / Crackers, cheese and jam
2	Brecwast/ Breakfast	Llaeth/ Sudd/ Tost/ grawnfwydydd brecwast (amryw) • Milk/ Juice/ Toast/ Breakfast Cereals (various)				
	Byrbryd bore/ Morning Snack	Tost a caws / Toast and cheese	Melon a teisen reis/ Melon a mini rice cakes	Byn brioche a mefus/Brioche bun and strawberries	Bisged digestive, banana a phîn-afal/Digestive biscuit, banana and pineapple	Myffin frwyth a ffrwythau cymysg/ Fruit muffin and mixed fruit
	Cinio/ Lunch	Bysedd llysieuol,wedges a ffa pôb/Veggie fingers, wedges and bakes beans	Pasta pobi selsig a llysiau/Sausage and vegetable pasta bake	Pizza, sgwariau tatws a ffyn ciwcymbr/Pizza, potato squares and cucumber sticks	Cinio Cyw iar ,tatws stwnsh a lyysiau cymysg/Chicken Dinner,mashed potatoes and mixed vegetables	Cyri cyw iâr,reis a bara naan/pompadom / Chicken curry,rice naan bread/pompadom
	Pwdin/Desserts	Angel delight	Brownie siocled /Home made chocolate brownie	Teisen cwpan/Homemade cupcake	Côn hufen iâ /Ice cream cone with toppings	Bisged barabyr/Shortbread biscuit
	Byrbryd Prynhawn/ Afternoon Break	Pic ar y maen, llus a mafon/Welshcake, blueberries and raspberries	Fflapjac a eirin gwlanog/ Flapjacks and peaches	Cracer Ritz, caws a grawnwin/ Ritz crackers, cheese and grapes	Iogwrt, afal a llus/Yogurt, apple and blueberries	Grawnfwyd sych a ffrwythau cymysg/ Dry Cereal and mixed fruit
	Te/ Tea	Brechdanau tiwna/ Tuna sandwiches	Croissants, caws a ham /croissant, cheese and ham	Grawnfwyd amryw / Various Cereal	Cwn poeth/ Hotdogs	Bagel, caws meddal a cig cyw iâr/ Bagel,soft cheese and chicken